

Live Well Energy Works

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Client Information and Informed Consent

Please read it carefully and note any questions you might have so that we can discuss them. If you decide to use my services, your acceptance of this document will represent an agreement between us.

My Background and Training

I am a certified Eden Energy Medicine (EEM), Emotion Code (EC), and Biofield Tuning (BT) practitioner. This document contains important information about my professional services and business policies and what to expect during our sessions. I will practice energy medicine procedures that are designed to enhance and balance the flow of energy in your body. You can expect me to approach my work in a professional manner, to honor scheduled appointments and to treat any information I learn about you as confidential.

What is Energy Medicine?

Energy Medicine is an approach that involves balancing and restoring your body's natural energies for the purpose of increasing vitality, strengthening mental capacities, and optimizing health. Energy medicine is a complement to any traditional medical protocols or treatments. By using energy medicine techniques to restore a client's energy balance, many modern medical treatments are enhanced.

Energy Medicine is not the Practice of Medicine

Energy medicine is a term used by many training programs that teach people how to assess and correct for energy imbalances in the body. I do not diagnose or treat medical or mental health disorders, nor am I trained or licensed to do so. And I do not handle medical emergencies. Energy medicine attempts to optimize the body's overall health and vitality but is not to be used instead of appropriate care from a licensed medical professional.

Our Work Together

Eden Energy Medicine: I'm an advanced level practitioner. The form I use draws from Donna Eden (www.edenmethod.com) and her book *Energy Medicine*. EEM techniques bring disturbed energies back to a state of balance and harmony. Generally, these techniques will consist of various forms of light or deeper touch and the movement of my hands within your body's energy field. If you are uncomfortable with being touched or with any of the procedures being used, please tell me immediately and I will stop right away.

The Emotion Code: EC taught by Dr. Bradley Nelson (www.discoverhealing.com), seeks to identify, and eliminate underlying imbalances by releasing trapped emotions. This method of energy healing promotes harmony and balance within, relieving stress and supporting the body's natural ability to heal. Energy healing such as this method is widely recognized as a valuable and effective complement to conventional medical care. Approximately 20% of sessions, the release of trapped emotion(s) or other energy(s) may result in "processing," where echoes of the emotion(s) or other energy(s) released may manifest in temporary physical or emotional discomfort, and that this "processing" appears to be a normal part of regaining energetic balance.

Biofield Tuning: BT is an energy medicine method developed by Eileen McKusick, an author, researcher and practitioner (www.biofieldtuning.com) for self-healing and wellness that uses sound waves produced by specialized tuning forks in the biofield that surrounds the human body.

Energy medicine methods, such as Biofield Tuning, are designed to assess where the body's energy is blocked, trapped, or not in harmony and then correct the flow of this energy by aligning the body's energy to boost health and vitality. The theory of energy medicine methods is that the flow and balance of the body's electromagnetic and subtle energy is important for physical, spiritual, and emotional health, and for fostering overall well-being. During a standard Biofield Tuning session, the practitioner uses some hands-on touch and applies the handles of weighted tuning forks and crystals to the body.

Side Effects

While the methods I use and teach are gentle and considered non-invasive, it is possible that physical or emotional after effects may occur after your energies have been stimulated and adjusted. In some instances, deeper pressure is used to move energies that may be blocked or congested in a particular area of the body, and this may cause some pain or discomfort. Dizziness, nausea, and anxiety are relatively unusual but not unheard of side effects to energy work. If any procedure is disquieting or leads to discomfort, please tell me at once. I will instantly stop if you request me to do so and can often provide a technique to counter the discomfort.

Supplementation

I understand that if my practitioner makes any suggestions regarding supplementation of any kind, such as vitamins, minerals, herbal preparations, or any compounds or any other external remedy of any kind, that I use or ingest any such at my own risk, with the recommendation that I seek the advice of a physician before using any remedy suggested by my practitioner.

Confidentiality

With the exception of special situations described in the numbered list below, I will keep our work together confidential. I cannot and will not tell anyone else what you have told me or even that you are utilizing my services without your prior written permission. You may direct me to share information with whomever you choose, and you can change your mind and remove that permission at any time. You may request anyone you wish to attend a session with you.

Exceptions To Confidentiality. Following are nine exceptions to confidentiality:

1. I am obligated to take action to protect others from harm, even if I have to reveal some information about a client's sessions. For example, if I believe that a child, an elderly person, or a disabled person is being abused, I must file a report with the appropriate state or local agency.
2. If I believe that a client is threatening serious bodily harm to another, I am obligated to take protective actions. These actions may include notifying the potential victim or contacting the police.
3. If I believe that you are in imminent danger of harming yourself, I may legally break confidentiality and contact the police, a local crisis team, or a family member or other intimates.
4. If you tell me of the behavior of another named health or mental health care provider which suggests that this person has either (1) engaged in sexual contact with a patient, including yourself, or (2) is impaired from practice in some manner due to cognitive, emotional, behavioral, or health problems, then the law may require me to report this to the practitioner's state licensing board. I would inform you before taking this step. If you are my client, and also a health care provider, your confidentiality remains protected under the law from this kind of reporting.

5. In certain legal proceedings, particularly those involving child custody or those in which your emotional condition or treatment is an important issue, a judge may order my testimony. Confidentiality is not protected when a judge makes such an order or in certain other legal procedures. Consult with an attorney if you are involved in a legal situation in which such confidentiality may be at issue.
6. If I am consulted by your spouse, partner, or another member of your family, we will establish the limits of confidentiality in advance. It generally confines a practitioner's effectiveness when required to keep secrets, so my policy in most circumstances is that what you say and what we do can be shared with other family members I am working with. If this is what we establish, do not tell me anything you wish to keep secret from other intimates who are receiving sessions from me. If confidential information is a concern, it may be better for each family member to work with a different practitioner.
7. I may occasionally find it helpful to consult other professionals about a client. During a consultation, I make every effort to avoid revealing the identity of the client. The consultant is also bound to keep the information confidential. In my own professional training, I may share details of your energy sessions without revealing your identity. I would not normally mention this unless I feel it is important to our work together.
8. Should I suddenly become unable to continue to provide my professional services, I may have another energy medicine practitioner review my notes and to contact my clients for the purpose of discussing next steps in the energy healing work they were doing with me.
9. I may authorize clerical staff, who will maintain your confidentiality, to access your records for routine billing, filing of case notes, etc.

Although this written summary of exceptions to confidentiality should provide helpful information about potential problems, please discuss with me any questions or concerns you may have. I will be happy to explore these issues with you, but formal legal advice may be needed from an attorney because the laws governing confidentiality can be quite complex.

Minors

If you are under eighteen years of age, please be aware that the law may provide your parents or legal guardians the right to examine my records of our work together. It is my policy to request a written agreement from parents to waive their right to access your records. If they agree, I will provide them only with general information about our work together unless I feel there is a high risk that you will seriously harm yourself or someone else. In this case, I will notify them of my concern. Before giving them any information, I will discuss the matter with you, if possible, and do my best to handle any objections you may have about what I am planning to discuss.

Professional Fees

My session fees are noted on my website at www.livewellenergyworks.com. If we decide to meet for a longer session than what you initially booked, I will bill you prorated on an hourly fee of \$125 in quarter hour increments. In addition to scheduled appointments, I also prorate my hourly fee of \$125 for other professional services you may request including, but not limited to:

- Telephone calls or email responses lasting longer than 10 minutes.
- Listening to lengthy voicemail messages.
- Attending meetings with other professionals you have authorized.
- Preparing requested records or session summaries.

If you become involved in legal proceedings that require my participation, you will be expected to pay for my professional time even if I am called to testify by another party. Because of the difficulty of legal involvement, I charge \$200 per hour for preparation and attendance at any legal proceedings.

Terminating Services

1. Normally, you will be the one who decides when our work together will end, but there are three exceptions to this. If I determine that I am unable, for some reason, to provide you with the services you are requesting at a high professional standard, I will inform you of this decision and refer you to another practitioner who may better meet your needs.
2. If you verbally or physically threaten or harass me, my office, or my family, I reserve the right to terminate you from my services immediately and unilaterally.
3. I reserve the right to refuse or terminate a session if you or anyone at the session is suspected of being under the influence of mood-altering substance(s). You will be responsible and charged for full payment of the normal fee.

Communicable Diseases

Viruses, such as COVID-19 and Influenza are contagious and spread mainly from person-to-person contact. While extra precautions including sanitizing and disinfecting practices are in place, the risk of a serious illness does exist. Live Well Energy Works and its practitioners cannot completely mitigate the transfer of communicable diseases and participation in sessions includes possible exposure to and illness from infectious diseases including COVID-19 and Influenza.

Possible symptoms of COVID-19 and Influenza include (but are not limited to):

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

When attending any session in-person, I ask that you:

- Do not currently have, nor have you experienced symptoms of an infectious disease like COVID-19 or Influenza within the last 5 days.
- Understand that Live Well Energy Works and its practitioners cannot be held liable for any exposure to or subsequent illness to infectious diseases like COVID-19 or Influenza by misinformation on this form or the health history provided by each client.
- Will notify your practitioner promptly so that the appointment can be rescheduled or moved to a remote session.

Other Aspects of our Relationship

I welcome your questions. Please ask me about anything that happens in our work together. I'm always willing to discuss how and why I'm doing what I'm doing.

Touch. Many of the methods I will use are likely to involve touch. Touching or holding points can assist us in identifying and shifting imbalances in your energies. You will always remain fully clothed except your shoes. I will always honor any requests not to touch.

Complaints. If you are unhappy with our work together, I hope you will talk about it with me so I can respond to your concerns directly. I will take such concerns seriously and respond to them with care and respect.

Follow Up. The day after our work together I will check-in with you to see how you are feeling. If you need my attention sooner, please let me know.

Cancellations. In the event if I need to reschedule our appointment, I will make every effort to do so in a timely manner out of respect for your time. I trust the same holds true for you. If you need to cancel or reschedule an appointment, please notify me at least 24 hours in advance. A missed appointment will be billed and expected to pay at 100%.

Acknowledgement And Consent To Receive Services

Except in the case of gross negligence or malpractice, I or my representative(s) agree to fully release and hold harmless Kazumi Dunn and Live Well Energy Works from and against any and all claims or liability of whatsoever kind or nature arising out of or in connection with my services.

Your participation in sessions and acceptance of this document as part of the intake form indicates that you have read the information in this document, understand it fully, have discussed any questions or matters of concern with me and/or others, and agree to abide by its terms during our professional relationship.